

2018 Attachment & Trauma Conference

Healing Complex Trauma & Attachment Dysregulation
in Children, Adolescents & Adults

July 23 - 27, 2018



Summer Conference Series

July 23-27

Multiple registration options, daily, multiple days, entire week

This comprehensive conference will cover the following topics:

- Understanding the foundations (including neurological, social, physiological, and psychological implications of trauma and attachment dysregulation)
- Phase-based clinical applications to promote healing and integration of trauma and attachment dysregulation
- The importance of establishing boundaries, self-compassion, and healthy relationships
- Experiential review of trauma specific assessments
- Practical application of trauma processing activities
- A variety of tools and skills to enhance your trauma treatment toolkit
- Experiential introduction to various biofeedback and neurofeedback

Conference Workshop Overview:

Day 1: Foundations of Trauma and Attachment (core CTIP & CTIC training)

Day 2: Phase-Based Clinical Applications to Promote Healing and Integration of Trauma and Attachment Dysregulation

Day 3: Comprehensive Trauma Assessment

Day 4: Trauma Processing Experiential

Day 5 AM: The Use of Mindfulness, Somatic Awareness, Resourcing, and DBT Skills Training to Promote Regulation and Wellness

Day 5 PM: An Introduction to Biofeedback and Neurofeedback for Treating Trauma

2018 Summer Attachment and Trauma Conference ~ Registration Form

July 23- 27, Niagara-on-the-Lake, Ontario



Please send registration form and payment etransfer to reception@attch.org, cheque, or money order made payable to:

Attachment & Trauma Treatment Centre for Healing (ATTCH) 95
Niagara Street, St Catharines ON L2R 4L3 Canada

Fax: (905) 684-6217

Please choose from the following options:

- Full 5-Day conference. Early registration: \$700 + HST. After June 15, \$800.00+ HST
- Days 1 & 2 only: Understanding the Foundations of Trauma and Attachment & Day 2 Phase-Based Clinical Applications to Promote Healing and Integration of Trauma and Attachment Dysregulation. Early registration: \$360 + HST. After June 15, \$460.00+HST
- Day 3 only: Comprehensive Trauma Assessment. Early registration: \$250.00 + HST. After June 15, \$300 + HST
- Day 4 only: Trauma Processing Experiential. Early registration: \$250.00 + HST. After June 15, \$300 + HST
- Day 5 only: Day 5 AM The Use of Mindfulness, Somatic Awareness, Resourcing and DBT skills Training to Promote Regulation and Wellness and Day 5 PM An Introduction to Biofeedback and Neurofeedback for Treating Trauma. Early registration: \$250.00 + HST. After June 15, \$300 + HST

Name: _____ Phone: _____

Email: _____

** (Correspondence and confirmation will be processed through email. Please ensure we are added to your mailing list to ensure receipt of emails)

Quality trauma and attachment assessment, treatment, & evidence-based training

Website: www.attch.org Phone: (905) 684-9333 Fax: (905) 684-6217

Upcoming certification training events



- Working with Complex Aspects of Trauma- Clinical Stream Workshop* Prerequisite CTIC 2 day core training June 8, 2018 9-4
- Expressive Arts and Trauma Recovery June 9, 2018, 9-4
- Healing Trauma Wounds: The Magnificent Benefits of Mindfulness June 22, 2018 9-12
- Creative Journaling to Promote Integration June 22, 2018 1-4.

Live Online Trainings ~ upcoming training events

- Healing the Wounds of Attachment Dysregulation in Adulthood July 30, 1-4
- Emotional Freedom Technique with Carol Cowan August 16, 1-4
- Working with Complex Aspects of Trauma August 27, 1-4
- Understanding and Engaging the Dichotomous Mind: Suicide Prevention, Intervention, and Postvention Sept 17, 11-2

Janina Fisher, Healing Broken Bonds, November 5, 2018

- Healing Broken Bonds: This workshop utilizes a combination of lecture, video, and experiential exercise to explore a neurobiologically-informed understanding of the impact of trauma on attachment behavior, somatic interventions for challenging trauma-related relational patterns, and how to use ourselves as “neurobiological regulators” of the client’s dysregulated emotional and autonomic states.

Comprehensive Resource Model Certification Training with Lisa Schwarz January 23 – 26, 2018

- The Comprehensive Resource Model for the Treatment of Complex PTSD provides the neurobiological scaffolding that allows for fear responses to be extinguished while the client is fully present in the moment. The CRM provides the opportunity for re-connection to one’s true self; to the meaning of the truth of one’s life; and to the ability to embody love in one’s actions. Remembering and reconnecting to our internal as well as ancestral resources and joy is as important to this process as is the integration of traumatic and painful memories through the removal of the distressing emotions they have been carrying. This method of resourcing allows for a healing alchemy: the experience of re-connecting to the

Office Space for Rent!

- ATTCH has office space available for rent full-time and part-time for someone seeking to rent in St. Catharines, Ontario in a professional counseling / wellness setting.
- See below for photos and contact reception@attch.org to inquire.

