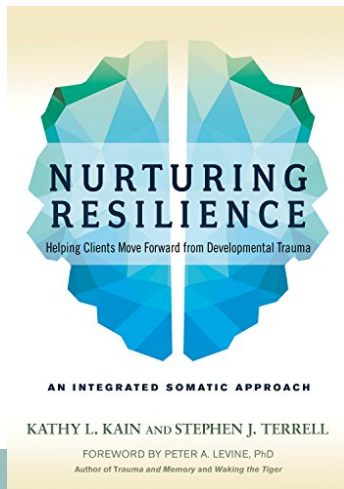


Transforming the Experience-Based Brain: A Somatic Touch Model of Resolving Developmental Trauma Certification Series with Stephen Terrell, PsyD, SEP



Stephen J. Terrell, PsyD, SEP

Stephen J. Terrell, PsyD, SEP, is a Developmental Trauma Therapist practicing in Austin, Texas. He has fully integrated touch work into his practice. Steve is also certified in EMDR, has worked with first responders, and is trained in Trauma First Aid. He works with infants, children, teens, and adults, and is a frequent speaker at conferences and workshops on attachment-related issues, as well as the neurobiology of trauma.



Workshop Details:

Transforming the Experience-Based Brain (TEB) is focused on the lasting imprints of experiencing non-verbal Developmental Trauma and how the neurological regulation system is compromised. This compromised system develops defensive accommodations to over ride the missing pieces of development which affect the client's ability to learn, socially engage, use imagination, gain a greater protective of the world, and attachment. The students will understand and gain both knowledge and skills in how the neurological regulation system works and experience in applying tactile touch in building capacity in the system. This awareness of how the system responds to early ruptures is also powerful in repairing shock trauma in the client through the awareness that a stronger initial developmental platform supports the systems automatic healing to trauma.

Somatic Awareness brings forth the clinicians ability to recognize dysregulation in the client and touch brings forth a safe and effect way to work in the system without bringing forth more overwhelm. Even for those who don't use touch in their practice because of external restraints, this method of working with intention and attention can bring about a sense of healing and relief for your clients. Through experiences and process, the student will move through the healing process from understanding the basic physiology of trauma to more advanced skills of working within specific systems affected by early ruptures.

TEB is a learning process for anyone who works directly with trauma including but not limited to Psychiatrist, Psychologist, Psychotherapist, Social Workers, Somatic Experiencing Practitioners, Massage Therapist, Body Workers, Acupuncturist, Counselors, Hakomi Practitioners, Sensory Motor Practitioners, Play Therapist, Physical Therapist, and Occupational Therapist.

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TEB is presented through a combination of lectures, videos, and actual experience of using somatic touch as clinician, client, and observer. By adding skills each module, the student will develop a greater awareness of working directly with neurobiological ruptures in the system and the ways that these early ruptures have affected the clients. We will also bring into focus Maslow's work on developmental platforms and integrate it with Porges work on Polyvagal System along with the impact Regulation on the client's ability to self regulate.

Module 1: March 7-11, 2019

- Bio-Physiology of Trauma
- Creating a Safe Haven
- Becoming a Secure Base
- Understanding Proximity Maintenance
- Touch Guidelines
- Morro, Rooting, Parmer Reflex

Module 2: June 6-10, 2019

- HPA Axis and Regulation
- Internal vs External Locus of Control
- Working in the five primary systems
- ATNR Reflex, Spinal Gallant Reflex and TLR Reflex
- Vestibular Ruptures
- Spinal Gallant Reflex and TLR Reflex

Module 3: August 15-19, 2019

- Unlocking the visceral system
- Working with Separation Anxiety
- Applying Regulation to physical syndromes
- Landau Reflex and STNR Reflex

Schedule

- 9:30am - 5:30pm (Friday thru Sunday and end at 4:30 on Monday)
- Lunch 12:30pm - 2:00pm

Prerequisites

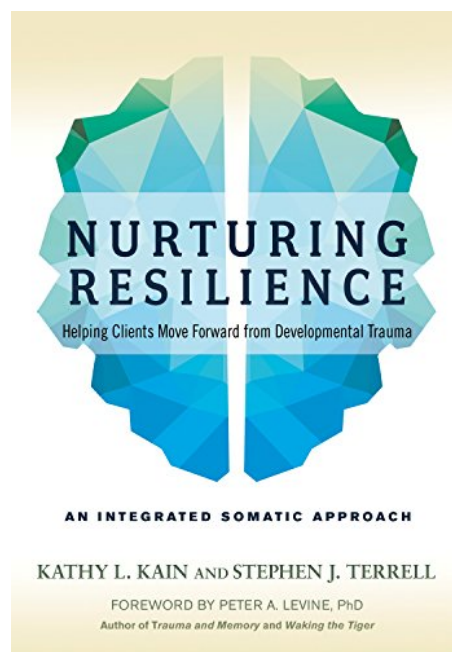
Open to all Professionals actively engaged in providing services to clients in a therapeutic or educational setting.

Psychiatrist, Psychotherapist, Counselors, Marriage and Family Therapists, Social Workers, Art or Music Therapist

Medical Doctor, Registered Nurse

Body Worker, Acupuncturist, Massage Therapist

or attended Somatic Experiencing Training, Sensory Motor Training, Hakomi Training, or a Somatic Training



Transforming the Experience Based Brain Somatic Touch Model with Stephen Terrell Registration Form



Please send registration form and payment etransfer to reception@attch.org, cheque, or money order made payable to:

Attachment & Trauma Treatment Centre for Healing (ATTCH)
95 Niagara Street, St. Catharines, ON L2R 4L3

Email: reception@attch.org

Phone: (905) 684-9333 Fax: (905) 684-6217

Name: _____

Email: _____

Phone: _____

Registration *Please ensure you review the prerequisites

Module 1: March 7-11, 2019

\$ 1250.00 Canadian Dollar plus GST will be added at checkout**Early Registration on or before January 7, 2019

\$ 1350.00 Canadian Dollar plus GST will be added at checkout** Registration after January 7, 2019

\$675.00 Canadian Dollar plus GST will be added at checkout** 50% Discount for TEB/TST repeating students M1

\$100.00 Canadian Dollar Deposit to Reserve your space in upcoming training

Module 2: June 6-10, 2019

\$ 1250.00 Canadian Dollar plus GST will be added at checkout**Early Registration on or before April 6, 2019

\$ 1350.00 Canadian Dollar plus GST will be added at checkout** Registration after April 6, 2019

\$675.00 Canadian Dollar plus GST will be added at checkout** 50% Discount for TEB/TST repeating students M1

\$100.00 Canadian Dollar Deposit to Reserve your space in upcoming training

Module 3: August 15-19, 2019

\$ 1250.00 Canadian Dollar plus GST will be added at checkout**Early Registration on or before June 15, 2019

\$ 1350.00 Canadian Dollar plus GST will be added at checkout** Registration after June 15, 2019

\$675.00 Canadian Dollar plus GST will be added at checkout** 50% Discount for TEB/TST repeating students M1

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** (Correspondence and confirmation will be processed through email. Please ensure we are added to your mailing list to ensure receipt of emails)