

REGISTRATION FORM

Please consider registering online at www.aulneau.com
Online invoicing and payment available

Name: _____

Agency/Organization: _____

Address: _____

City: _____

Province: ___ Postal Code: _____

Email: _____

Phone (h/c): _____

Phone (w): _____

*Please note lunch is included in this conference

TYPE OF REGISTRATION	PRICE	QUANTITY
Individual 1 Day	\$150	
Individual 3 Day	\$350	

PAYMENT METHOD

Cheque Invoice* Credit Card Cash

Total: \$ _____

Card Number: _____

Expiry Date: _____

Invoices will be emailed to email addresses provided above. Please ensure your invoice reaches the appropriate person for remittance of payment

Would you like to be added to our electronic communication list?

Yes No

ABOUT THE PRESENTER



CINDY ROSE

B.Th., M.A.
Spiritual Care and
Psychotherapy
(Candidate), Certified
Trauma Practitioner-
Clinical

Cindy Rose offers over 20 years of experience in pastoral care, providing emotional and spiritual guidance for individuals of all ages, including fellow pastors, through coaching, leadership development, teaching, and speaking engagements. Cindy joined the Attachment and Trauma Treatment Centre for Healing (ATTCH) in June 2017 as a student for her clinical placement. In April 2018, Cindy will have completed her MA in Spiritual Care and Psychotherapy through Wilfrid Laurier University. She is a Certified Trauma Practitioner-Clinical (CTP-C) with the National Institute for Trauma and Loss in Children (TLC), and is working towards becoming a Registered Psychotherapist. Cindy is an engaging communicator who has presented to spiritual leaders across Canada, facilitating trainings on various leadership focus topics.

LEARNING OBJECTIVES

- Trauma-Informed Care
- The Neuroscience of Trauma, Addictions, and Health Outcomes
- Boundaries, Self-Compassion, and Healthy Relationships
- Assessment, Safety, and Stabilization Tools
- Sensory Regulation: Techniques to Promote Regulation and Build Attachment Relationships
- Burnout, Compassion Fatigue, and Vicarious Trauma



SPIRITUALITY, COMPASSION, AND TRAUMA-INFORMED CARE WITH CINDY ROSE

MAY 28, 2018
9:00 AM TO 4:00 PM
CANAD INNS TRANSCONA
826 REGENT AVE. WEST

Benefits of Trauma-Informed Care

Some of the benefits of becoming trauma-informed may include:

- An increase in safety of staff and consumers/clients
- An improved organizational culture that offers a safe and supportive environment for all
- Care for the caregivers, thereby reducing risk for compassion fatigue and vicarious trauma
- Improved quality of service
- A reduction in negative encounters and events
- The creation of community of safety, health, wellness, recovery, and empowerment
- An increase in productivity, job satisfaction, and enhanced workplace environment

OVERVIEW

- Devotions and Prayers
- Understanding the foundations of trauma
- The Neuroscience of Trauma, Addictions, and Health Outcomes
- What it means to be trauma-informed at an organization, service system, and societal level
- Core principles, guiding values, and common language of trauma-informed care
- Cultivating a culture of compassion through a Higher being
- Understanding what is helpful vs. what is harmful
- Self-care for the spiritual leader
- Managing conflict and creating an environment of compassionate acceptance
- Honouring the unique gifts in ourselves, the clients we service, and our colleagues
- Holding space: The practice and clinical value of therapeutic presence
- Sensory Regulation: Techniques to Promote Regulation and Build Attachment Relationships

ABOUT AULNEAU RENEWAL CENTRE

The Aulneau Renewal Centre is a registered bilingual Not-for-profit organization located in St. Boniface, Winnipeg. It was founded in 1979 as a Mission of the Missionary Oblate Sisters of St. Boniface.

MISSION

The mission of Aulneau Renewal Centre is to empower personal growth by providing compassionate counselling and therapy services and by building the capacity of attachment-informed practice through training and education.

